Mouthguard Policy for Competitive Sport and Training

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Review Date: September 2015
Policy Contact: Mr James Passam, Deputy Head

Seaford College
Mouthguard Policy for Competitive Sport and Training

Policy Statement

1. Seaford College seeks to adhere to protecting its students by following guidance from sports governing bodies about making the importance of wearing of mouthguards known to all pupils.

Procedure

2. In deciding School policies on sporting issues the School is bound by its professional bodies (HMC and IAPS) to follow the guidance of individual sports’ governing bodies.

3. As from September 2002, all pupils were recommended to wear a mouthguard whilst playing rugby and hockey. Both the Rugby Football Union and Hockey Association recommend that children who play these sports should be fitted with a custom-fitted mouthguard. Consequently having taken the advice from professional associations, the School wishes to stress the importance of wearing a mouthguard to all parents and pupils.

4. Sports staff will educate and remind pupils about the importance of wearing a mouthguard before games lessons and fixtures.

5. If pupils do not have their mouthguard available they will be provided the opportunity to have a Titan Boil & Bite temporary mouthguard. This will be added directly to the pupil’s School bill, at the cost of £5.00.

6. The School arranges for the Dental Mouthguard Organisation, Titan Mouthguards, to come to the School once a year to take impressions, usually the first week of the school year.

7. Parents/guardians are written to every year and reminded about the policy and to check that their child’s/children’s mouthguard(s) still fits as a child’s growth does limit a mouthguard’s life span.

8. Pupils may also decide to use a different type of mouthguard should their parent/guardian feel this appropriate.

9. Our teachers and coaches will educate and remind the pupils of the importance of wearing a mouthguard, and will check pupils have their mouthguards at the start of a match or at training. If a pupil decides to not wear a mouthguard following this, or removes the mouthguard during play, then this will be done at the pupil’s own risk.

References

10. RFU, NHA, BAALPE & Titan Mouthguards

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